



Post Operative Care Instructions

Epidermal Sutures

- Please leave your surgery site covered and dry until tomorrow.
- If you notice you are bleeding through your bandage
 - Remove bandage
 - Hold FIRM pressure for 20 minutes (no peeking!)
 - If the bleeding has stopped, reapply Vaseline and a clean bandage over the wound
 - If you continue to bleed after 20 minutes of firm pressure, please call the office for further instructions
- After the first 24 hours, wash the surgery site once or twice daily with gentle soap and water and then apply a fresh layer of Vaseline on top of the sutures. Do not use Neosporin or other topical antibiotics unless directed to do so. Keep the wound covered for one to two weeks. Wounds that are kept moist with Vaseline and covered will heal quicker and with less scarring.
- A small amount of bleeding and drainage is normal. If this continues past 3-4 days please call the office.
- If you notice spreading redness, increasing pain, or fevers please call the office as these may be signs of infection. Although rare, if it occurs an infection is most likely to present around days 5-7 after surgery.
- Your sutures will need to be removed. Sutures on the face are generally removed in one week. Sutures everywhere else are removed in 10-14 days. Please return to our office for suture removal at your scheduled time or call our office if you do not have a suture removal visit scheduled.
- We will call you with your surgery results in 1-2 weeks.
- Call us with any concerns you may have.

Thank you for trusting us with your care!

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